

Should children with a nasal cold be allowed to attend day care / school?

This decision tree has been developed on the basis of the directives of the RIVM (National Institute for Public Health and the Environment). It is a guideline for parents and child care workers (after-school and childminder care) and schools.

The outcome of the decision tree is not valid for brothers and/or sisters. The decision tree has to be followed separately for each child.

On September 18th 2020 the regulations for children from 0 up to and including 6 years of age and for 7 up to and including 12 years of age have been integrated and equalized.

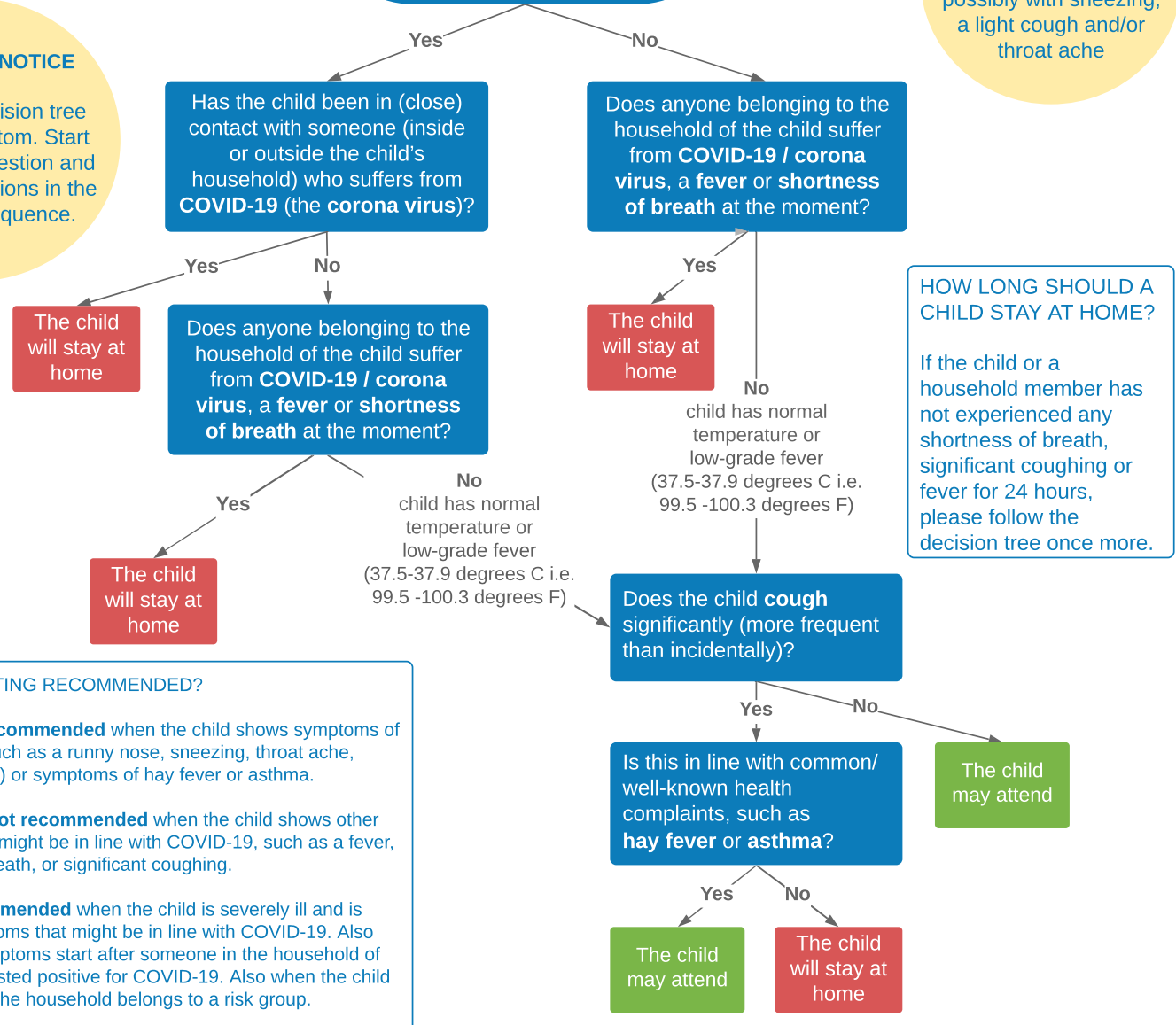
This decision tree is regularly updated on the basis of new or renewed regulations. Please check the most recent version on www.boink.info/coronavirus-kinderopvang.

With the help of this decision tree you will be able to determine whether a child that has a cold should or should not be allowed to attend child care or primary school (up to any age).

START
Does the child have a **nasal cold** and/or does it have a **runny nose**?

NASAL COLD =
mucus in/from the nose (the colour is irrelevant) possibly with sneezing, a light cough and/or throat ache

IMPORTANT NOTICE
Follow the decision tree from top to bottom. Start with the first question and follow the questions in the prescribed sequence.



HOW LONG SHOULD A CHILD STAY AT HOME?
If the child or a household member has not experienced any shortness of breath, significant coughing or fever for 24 hours, please follow the decision tree once more.

WHEN IS TESTING RECOMMENDED?
A test is **not recommended** when the child shows symptoms of a nasal cold (such as a runny nose, sneezing, throat ache, low-grade fever) or symptoms of hay fever or asthma.
A test is **also not recommended** when the child shows other symptoms that might be in line with COVID-19, such as a fever, shortness of breath, or significant coughing.
A test is **recommended** when the child is severely ill and is showing symptoms that might be in line with COVID-19. Also when such symptoms start after someone in the household of the child has tested positive for COVID-19. Also when the child or someone in the household belongs to a risk group.

AFTER TESTING
In case of a **positive** test result of the child or a household member please follow the instructions of the GGD (Municipal Health Services).
When the test result is **negative** (no COVID-19 / corona virus) the child can attend child care or school again, even if not all health complaints have disappeared yet.

Should there be any questions or confusion after following the decision tree, we advise you to contact your regular physician or JGZ (Youth Health Care), or a regional infectious disease specialist. Doctors will not issue a medical certificate allowing the child to attend school or child care.
In case of doubt or questions you can also call the national information number coronavirus of the Dutch government (Rijksoverheid): 0800 -1351 (free of charge, 08:00 – 20:00 hours).