

# Meet the Experts: Why Do We Miss ADHD in Girls and Women?

## Alexandra Philipsen, Bonn, Germany

Professor Dr. med., Psychiatry



Specialist in Psychiatry and Psychotherapy, Alexandra Philipsen is a full-time Professor and Head of the Department of Psychiatry and Psychotherapy and Deputy Medical Director of the University Hospital Bonn in Germany. Her research focuses on translational therapeutic research in cognitive dysfunction, attention and emotion dysregulation, development and evaluation of pharmacological and non-pharmacological treatments, especially for adults with attention deficit hyperactivity disorder.

## Dora Wynchank, The Hague, Netherlands

Psychiatrist MBChB, MMed, FCPsych, PhD



Psychiatrist at the Intensive Specialist Programme for ADHD, at PsyQ, The Hague, as well as a researcher at the Expertise Centre, ADHD, which is attached to the outpatient clinic. Originally from South Africa, in August 2014 she relocated with her family to the Netherlands, where she completed a PhD on adult ADHD and biological rhythms at the Free University of Amsterdam. She has researched, published widely and presented her research internationally. Her interests include ADHD and sleep disorders, women's experience of ADHD and the influence of reproductive hormonal fluctuations on ADHD. She is also the editor of the DIVA Foundation, which provides a diagnostic interview for the diagnosis of ADHD in 30 languages. She works closely with organisations representing people living with ADHD, providing training in Dutch, English and French.

## Lotta Borg Skoglund, Stockholm, Sweden

Associate Professor, MD PhD, Psychiatry



Senior psychiatrist, GP and researcher specializing in ADHD and comorbidity such as substance use and emotional dysregulation. Author of several popular science books on ADHD as well as co-founder and medical director of the private health care giver SMART Psykiatri and Letterlife, the first digital tool and community for female ADHD. Lotta is head of the research group GODDESS ADHD, for improved physical, mental and sexual outcomes in female ADHD across the reproductive lifespan.

## Online Seminar - Meet the Experts:

Alexandra Philipsen, Dora Wynchank  
& Lotta Borg Skoglund

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**Thursday, 15 February 2024**

Start of Session

17:00 h CET | 16:00 h GMT | 11:00 h EDT

End of Session

18:30 CET | 17:30 h GMT | 13:30 h EDT

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